

Zeitplan / Itinerary timetable

KILOMETER KILOMETERS		STAGE 3				
Zu fahren To be run	Gefahren Run			43 km/h	41 km/h	39 km/h
NORDRHEIN-WESTFALEN						
ARNSBERG / HOCHSAUERLANDKREIS						
			NEHEIM Neutralisierter Start / Neutralised start	12:10	12:10	12:10
			Railway crossing			
175.7	0	GRIMMESTRASSE	ARNSBERG Scharfer Start / Real start ▶	12:28	12:28	12:28
170.7	5		BREITENBRUCH	12:35	12:35	12:36
SOEST						
168.8	6.9		Crossing B229-K	12:38	12:38	12:39
HOCHSAUERLANDKREIS						
SOEST						
164	11.7		NEUHAUS	12:44	12:45	12:46
157.8	17.9		STOCKUM (L857-K8)	12:53	12:54	12:55
156.5	19.2		Wamel	12:55	12:56	12:57
154	21.7		VÖLLINGHAUSEN	12:58	13:00	13:01
151.4	24.3		NIEDERBERGHEIM	13:02	13:03	13:05
142.5	33.2		Crossing L856-L735	13:14	13:17	13:19
141.1	34.6		Hirschberger Wand ⚠	13:16	13:19	13:21
136.9	38.8		Waste zone and Feeding zone 1 🗑️ 🍴	13:22	13:25	13:28
135.2	40.5		WARSTEIN (L735-B55-L735)	13:24	13:27	13:30
133.1	42.6		Railway crossing	13:27	13:30	13:34
128.2	47.5		Kallenhardt	13:34	13:38	13:41
125.9	49.8		Crossing K68-L776	13:37	13:41	13:45
HOCHSAUERLANDKREIS						
111.5	64.2		Eshhoff ⚠	13:58	14:02	14:07
109.6	66.1		Altenbüren	14:00	14:05	14:10
105.2	70.5		SCHARFENBERG (K57-K59)	14:06	14:11	14:16
101	74.7		BRILON	14:12	14:17	14:23
98.4	77.3		Waste zone and Feeding zone 2 🗑️ 🍴	14:16	14:21	14:27
93	82.7		Hoppecke	14:23	14:29	14:35
91.5	84.2		Crossing L870-K61	14:25	14:31	14:37
88.4	87.3		Buttenberg ⚠	14:30	14:36	14:42
HESSEN						
WALDECK-FRANKENBERG						
78.7	97		Heringhausen	14:43	14:50	14:57
76.6	99.1		HERINGHAUSEN Ⓢ	14:46	14:53	15:00
74.6	101.1		Rhenegge	14:49	14:56	15:03
73.2	102.5		ADORF (L3078-L3076-L3078)	14:51	14:58	15:06
65.6	110.1		VASBECK	15:02	15:09	15:17
63.8	111.9		Waste zone and Feeding zone 3 🗑️ 🍴	15:04	15:12	15:20
61.3	114.4		MASSENHAUSEN	15:08	15:15	15:24
57.4	118.3		Crossing L3078-B252	15:13	15:21	15:30
53.8	121.9		BAD AROLSEN	15:18	15:26	15:35
50.6	125.1		Wetterburg	15:22	15:31	15:40

48.2	127.5		Crossing L3080-K6	15:26	15:34	15:44
47.6	128.1		Neu-Berich	15:27	15:35	15:45
44.8	130.9		LÜTERSHEIM (K6-K90)	15:31	15:39	15:49
LANDKREIS KASSEL						
42.1	133.6		Crossing K93-K92	15:34	15:43	15:53
41.4	134.3		VIESEBECK 	15:35	15:45	15:55
39.6	136.1		Crossing K92-B450	15:38	15:47	15:57
36.5	139.2		WOLFHAGEN (B450-L3214)	15:42	15:52	16:02
35.2	140.5		Waste zone and Feeding zone 4  	15:44	15:53	16:04
32.8	142.9		Nothfelden	15:47	15:57	16:08
19.8	155.9		Crossing L3220-L3390	16:05	16:16	16:28
17.6	158.1		Dörnberg	16:09	16:19	16:31
15.5	160.2		Waste zone 	16:11	16:22	16:34
8.8	166.9		KASSEL (B251-K-B3)	16:21	16:32	16:45
3.2	172.5		TANNENWÄLDCHEN 	16:29	16:40	16:53
0	175.7		KASSEL 	16:33	16:45	16:58