




**Stage 3 : TRIER - MERZIG**

**Samedi 25 août 2018**

**Distance : 177 km**

**ITINERAIRE HORAIRE**

Kilomètres		ITINERAIRE	Horaire				
A parcourir	Total		Moyenne course				
			41 km/h	39 km/h	37 km/h		
		<b>ALLEMAGNE</b>					
			Départ fictif	11:55	11:55	11:55	
		L143	Crossroads L143-B49				
		B49	Crossroads B49-B51 (Under the bridge (B51))				
177,0	0,0	B51	TRIER (B51)	Départ réel	12:05	12:05	12:05
171,5	5,5		KONZ (B51-L137)		12:13	12:13	12:14
166,0	11,0	L137	KANZEM		12:21	12:22	12:23
164,0	13,0		Crossroads L137-K131		12:24	12:25	12:26
162,5	14,5	K131	Crossroads K131-K130		12:26	12:27	12:29
162,0	15,0	K130	Biebelhausen (AYL)		12:27	12:28	12:29
159,0	18,0		SAARBURG (K130-L132-L138-B51)		12:31	12:33	12:34
154,0	23,0	B51	Serrig (near)		12:39	12:40	12:42
142,5	34,5		Crossroads B51-L372		12:55	12:58	13:01
142,5	34,5	L372	Saarlölbach (METTLACH)		12:55	12:58	13:01
141,5	35,5		Kom start		12:57	13:00	13:03
140,0	37,0		Saarlölbach (exit) summit 		12:59	13:02	13:05
137,5	39,5		Crossroads L372-L375		13:03	13:06	13:09
135,0	42,0	L375	Britten (LOSHEIM AM SEE) (L375-L374)		13:06	13:10	13:13
133,0	44,0	L374	Crossroads L374-B268		13:09	13:13	13:16
130,0	47,0	B268	Crossroads B268-L158		13:14	13:17	13:21
130,0	47,0	L158	Crossroads L158-L369		13:14	13:17	13:21
129,0	48,0	L369	LOSHEIM AM SEE (L369-L157-L377)		13:15	13:19	13:23
123,0	54,0	L377	Rissenthal (LOSHEIM AM SEE)		13:24	13:28	13:33
121,0	56,0		Hargarten (BECKINGEN) (L377-L370)		13:27	13:31	13:36
120,5	56,5	L370	Crossroads L370-L156		13:28	13:32	13:37
120,0	57,0	L156	Erbringen (BECKINGEN)		13:28	13:33	13:37
118,5	58,5		Honzrath (BECKINGEN) (L156-L346)		13:31	13:35	13:40
115,0	62,0	L346	Düppenweiler (BECKINGEN)		13:36	13:40	13:46
110,5	66,5		Piesbach (NALBACH)		13:42	13:47	13:53
109,0	68,0		NALBACH		13:45	13:50	13:55
106,5	70,5		Diefflen (DILLINGEN)		13:48	13:53	13:59
103,5	73,5		Crossroads L346-143		13:53	13:58	14:04
103,0	74,0	L143	DILLINGEN (SAAR) (L143-L174-X) 		13:53	13:59	14:05
99,0	78,0	X	Crossroads X-L170		13:59	14:05	14:11
98,5	78,5	L170	WALLERFANGEN (L170-L355)		14:00	14:06	14:12
94,5	82,5	L355	St.Barbara 		14:06	14:12	14:19
93,5	83,5		Gisingen		14:07	14:13	14:20
92,5	84,5		Crossroads L355-L352		14:09	14:15	14:22
90,0	87,0	L352	Crossroads L352-L171		14:12	14:19	14:26
89,5	87,5	L171	Crossroads L171-L356		14:13	14:20	14:27
88,5	88,5	L356	Hemmersdorf (REHLINGEN-SIERSBURG)		14:15	14:21	14:29
84,5	92,5		Fürweiler (REHLINGEN-SIERSBURG)		14:20	14:27	14:35
83,0	94,0		Crossroads L356-L172		14:23	14:30	14:37

79,0	98,0	L172	Oberesch (REHLINGEN-SIERSBURG)		14:28	14:36	14:44
76,5	100,5		Biringen (REHLINGEN-SIERSBURG)		14:32	14:40	14:48
73,0	104,0		Crossroads L172-L173		14:37	14:45	14:54
67,5	109,5	L173	Hilbringen (MERZIG) (L173-L170)		14:45	14:53	15:03
66,5	110,5	L170	Ballern (MERZIG)		14:47	14:55	15:04
64,5	112,5		Schwemlingen (MERZIG) (L170-L175)		14:50	14:58	15:07
61,0	116,0	L175	Dreisbach (METTLACH)		14:55	15:03	15:13
59,5	117,5		Over the bridge (Kom start)		14:57	15:06	15:16
58,5	118,5		Nohn (METTLACH)		14:58	15:07	15:17
57,5	119,5		Nohn summit 1		15:00	15:09	15:19
55,0	122,0		Crossroads L175-L178		15:04	15:13	15:23
54,5	122,5	L178	Orscholz (METTLACH) (L178-L177)		15:04	15:13	15:24
50,5	126,5	L177	Crossroads L177-L176		15:10	15:20	15:30
48,0	129,0	L176	METTLACH (L176-B51)		15:14	15:23	15:34
47,0	130,0	B51	Kom start		15:15	15:25	15:36
45,5	131,5		Mettlach summit 1		15:17	15:27	15:38
41,5	135,5		Crossroads B51-L174		15:23	15:33	15:45
40,0	137,0	L174	MERZIG (1st crossing of the finish line)		15:25	15:36	15:47
37,5	139,5	L173	Hilbringen (L173-L170)		15:29	15:40	15:51
37,0	140,0	L170	Hilbringen	<b>S</b>	15:30	15:40	15:52
36,0	141,0		Ballern (MERZIG)		15:31	15:42	15:54
34,0	143,0		Schwemlingen (MERZIG) (L170-L175)		15:34	15:45	15:57
31,0	146,0	L175	Dreisbach (METTLACH)		15:39	15:50	16:02
29,5	147,5		Over the bridge (Kom start)		15:41	15:52	16:04
28,0	149,0		Nohn (METTLACH)		15:43	15:54	16:07
27,5	149,5		Nohn summit 2		15:44	15:55	16:07
24,5	152,5		Crossroads 175-L178		15:48	16:00	16:12
24,5	152,5	L178	Orscholz (METTLACH) (L178-L177)		15:48	16:00	16:12
20,0	157,0	L177	Crossroads L177-L176		15:55	16:07	16:20
18,0	159,0	L176	METTLACH (L176-B51)		15:58	16:10	16:23
16,5	160,5	B51	Kom start		16:00	16:12	16:25
15,5	161,5		Mettlach summit 2		16:01	16:13	16:27
11,5	165,5		Crossroads B51-L174		16:07	16:20	16:33
9,5	167,5	L174	MERZIG (2nd crossing of the finish line)		16:10	16:23	16:37
7,0	170,0	X	Eller Weg	<b>B</b>	16:14	16:27	16:41
1,5	175,5		Crossroads X-L174		16:22	16:35	16:50
0,0	177,0	L174	MERZIG (Trierer Strasse)	Arrivée	16:24	16:37	16:52